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Sen. John Cornyn Visits FIT for WORK

Sen. John Cornyn recognizes San Antonio site for safety, health and wellness programs

San Antonio, TX (March 10, 2010) - U.S. Sen. John Cornyn of Texas recently visited the Frito-Lay manufacturing plant in San Antonio to see first-hand how Frito-Lay prevents work-related injuries and minimizes health and insurance costs, and to recognize the site for earning OSHA Voluntary Protection Program (VPP) status and its overall safety performance.

San Antonio employees demonstrated to the senator how their partnership with "FIT for WORK" ensures that Frito-Lay employees work in a way that promotes wellness and prevents injury. Sen. Cornyn told them that an emphasis on workplace wellness leads to healthier and more productive employees and cost savings. Since FIT for WORK implemented its program at the San Antonio Frito-Lay facility in 1998, Frito-Lay has seen an 86% reduction in injury frequency and has not experienced an ergonomics-related injury in the last 7 years. Frito-Lay estimates it has saved millions of dollars as a result of these preventive measures.

In 2009, the San Antonio site had its best safety performance ever. The site finished with an Injury Frequency Rate (IFR) of less than one, and with zero lost time days. Over the last 10 years, the site has reduced injuries by 89 percent and worker compensation costs by 80 percent. Safety Specialist Joe Kutach attributes the site's success in large part to its relationship with Fit for Work and the ongoing training, awareness and engagement of team members.

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About FIT for WORK

FIT for WORK (FFW) is a privately held occupational health and industrial medicine practice developed around a model of prevention and early intervention. FFW provides employers a programmatic approach to injury prevention, wellness, and treatment to decrease injuries, reduce workers' compensation costs, and increase productivity and profitability. Founded in 1998, Fit for Work has continuously sought to provide large and small employers alike with a non-traditional service model. This model combines a progressive approach to injury prevention and treatment with an underlying proven belief that putting the right worker in the right place in as safe a manner as possible will result in decreased costs, decreased injuries, increased profitability and increased productivity. Additionally, their approach to early intervention has not meant "getting on an injury quickly", but instead was developed to identify the early signs and causes of injury and to intervene before conditions deteriorate. Through this aggressive model, Fit for Work has been able to partner with their industrial clients in a manner that has significantly improved safety performance and positively affected employee health while reducing costs and injuries by over 60% in almost every case. FFW truly seeks to change the

way that healthcare is provided on a broad spectrum and create a perpetual wave of change starting first with our own environment and extending out to those with whom we are proud to partner. For more information on Fit for Work, please visit www.wellworkforce.com.