



TEXAS PHYSICAL THERAPY
SPECIALISTS



Media Contact
Ms. Bethany Moore
info@texpts.com
(888) 658-8483

FOR IMMEDIATE RELEASE

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Texas Physical Therapy Specialists Receives Award for Top Private Physical Therapy Practice in the Country

SAN ANTONIO, TX (August 3, 2009) – Texas Physical Therapy Specialists (TexPTS) is delighted to receive the Private Practice Section (PPS) of the American Physical Therapy Association's (APTA) 2009 Practice Award. The PPS of the APTA is bestowing this award upon TexPTS as the top private physical therapy practice in the country for their rapid growth and innovative use of training programs to grow their practice. Practice Award recipients have positively impacted the shape, scope and quality of a physical therapy private practice and have contributed to the overall development of physical therapy as a caring profession.

TexPTS is a privately owned, multi-site physical therapy practice specializing in evidence-based care. TexPTS has collaborated with Evidence In Motion (EIM) and implemented a distance-based physical therapy residency and fellowship training program capable of training large numbers of students, utilizing the latest educational technologies. Training programs such as these are an efficient and realistic way to grow a large, multi-site practice that is staffed with highly competent, residency and fellowship trained staff. TexPTS physical therapists are distinguished by evidence-based clinical reasoning, evidence-based practice patterns and minimal practice pattern variation. TexPTS is also being recognized for having grown from a single location to 12 locations and over 75 employees in the greater San Antonio and Austin regions of South Central Texas. TexPTS is the home of the largest number of board certified physical therapists and manual physical therapy fellows in the Texas region.

The physical therapy profession as a whole is being elevated as a result of EIM's APTA-credentialed Orthopaedic Residency and Orthopaedic Manual Physical Therapy Fellowship training programs. EIM is constantly growing, currently with over 120 residents and fellows in 22 states. EIM has also recently launched another best practice training program, the Executive Program in Private Practice Management. TexPTS' collaborative approach with EIM offers a forward thinking way for them to meet their training needs and grow in their profession.

TexPTS' novel training program is paving the way for other practices who share a similar vision and mission for physical therapy. These practices now have a means of meeting their needs in a similar manner to that of TexPTS. TexPTS is pleased to share the fruits of their labor to improve physical therapy practices across the country.

For more information about how a physical therapist can help alleviate pain, minimize the use of prescription drugs and expensive diagnostic imaging, and prevent painful and costly surgery, visit www.TextPTS.com or call (888) 658-8483.

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About Texas Physical Therapy Specialists:

Texas Physical Therapy Specialists (TexPTS) is a privately owned, multi-site physical therapy practice. Founded in 2004, TexPTS is home of the largest number of board certified physical therapists and manual therapy fellows in San Antonio and Austin and has 80 years of collective experience. They specialize in hands-on care and therapeutic exercise for patients with non-surgical and post-operative conditions such as low back and neck pain, upper and lower extremity conditions, and oral-maxillofacial pain/TMD. They provide numerous specialty services including aquatics, EMG/NCV testing, sports medicine, and wellness/fitness assessments. TexPTS serves the South Central Texas region with 12 locations in San Antonio (Selma, Blossom, Splashtown, and Bulverde), New Braunfels, San Marcos, and Austin (Westgate, Bee Caves, Balcones Woods, Pflugerville, and Central Park). TexPTS's vision is to be the **Best First Choice™** for physical therapy services in Texas using the **Newest Research** to achieve the **Best Results in Fewer Visits**. To learn more about TexPTS and our evidence-based approach to care, visit our website at www.TexPTS.com or give us a call at (888) 658-8483. We make doing business with us easy and treat everybody as family!

About Evidence in Motion:

Evidence in Motion is an education and consultation company whose sole reason of existence is to elevate the physical therapy profession and the role of physical therapists in healthcare delivery. Evidence In Motion is dedicated to fostering the creation and assimilation of an evidence-based practice culture within the physical therapy profession. Evidence in Motion has put in place evidence-based practice treatment pathways in many facilities and aims to promote the global sharing of information and ideas, thus advancing evidence-based physical therapy practice, research and education around the world. For more information on Evidence in Motion, please visit www.EvidenceInMotion.com.